

Want to create a pillow for a loved one?

Fidget Pillow Pattern:

1. Choose five fabrics of different textures and a sturdy canvas like material for the back
2. Cut two 12x4 pieces of different fabric and three 12x3 fabrics of different pieces
3. Using half inch seam allowances sew the five 12x4 and 12x3 pieces together to create a front face. See Figure 1.2
 - a. Note: it doesn't matter which order they are in.
 - b. Note: one can sew ribbons in the seams of the front panel by cutting ribbons 3-5in in length and pinning them in the seam as seen in figure 1.1 so that .5 to 1in are sticking out to make sure that the ribbon is being sewn in. (Blue piece is shown peeled back to indicate the length of the ribbon is inwards).
4. Add patches to the front using highly textured materials (ex. Burlap, fleece) see figure 1.3 and sewing on with a zigzag stitch see figure 1.4.
5. Sew on buttons keeping them at least 1in from the edges of the front panel see figure 1.5
6. Optional: Add a zipper by topstitching it on and making sure that it is very sturdily stitched. See figure 1.6
7. Sew front panel to back panel with wrong sides out and leaving a hole the size your hand. See Figure 1.7
8. Turn the pillow out and stuff firmly.
9. Sew shut the whole on your machine or by hand



Figure 1.1

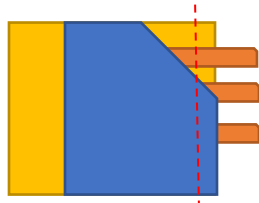


Figure 1.2



Figure 1.3



Figure 1.4

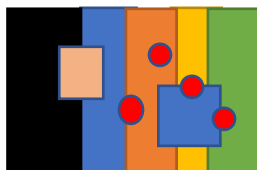


Figure 1.5

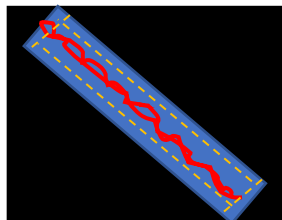


Figure 1.6



Figure 1.7